

Population Health Webinar notes Tuesday, March 27, 2018

Philip Harris | Bureau of Health Promotion

Slide 3:

National Public Health Week is being celebrated from April 2 to April 8 this year. Everyone deserves to live a long and healthy life in a safe environment. To make this happen, we must tackle the causes of poor health and disease risk among individuals and within our communities. Where we live, work, worship and play impacts each of use and can determine our health and how long we live. Within our communities, let's start new conversations with our neighbors and be advocates for positive change. Working together, we can build healthier communities and, eventually, the healthiest nation. But we need your help to get there.

To get us going in the right direction National Public Health Week has developed daily themes for conversations and activities the themes are as you see them on the screen. If you want more information about any specific theme visit the website www.nphw.org.

Slide 4:

Now with those themes in mind you're wondering what you could do. Here is a list of ideas of things that have worked in other communities that might also work in yours. You will notice it doesn't have to be something grand to make a difference. Small steps in the right direction still get us to the finish line. At the end of this presentation I will share my contact information for those of you who would like more help or information on this and future health communication related opportunities.

Slide 5:

The Alzheimer's association is sponsoring the webinar **Take Brain Health to Heart: Evidence and Public Health Action**. (event flyer on next page) The chief purpose is to be an interactive platform where individuals can learn about what works and what are myths about reducing the risk for dementia and then provides us with the tools to educate the public. If you're interested I invite you to register in advance following the link in the slide. Date and time are on the slide. If you need more information I will be attaching a flyer with my speaking notes from today.

alz.org alzheimer's ? association

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Alzheimer's Public Health Events

March 2018



Tumeric? Crossword puzzles? Yoga? Every day, older Americans are hearing about what they can do to prevent Alzheimer's and other dementias. But not all claims are backed by science. Helping people understand the best strategies to protect brain health is a critical public health response to Alzheimer's that changes the future health

of our communities. Join the Alzheimer's Association during <u>National Public Health Week</u> on Thursday, April 5 from 2:00 to 3:00pm ET for an interactive webinar to learn what works to reduce risk for dementia and how state and local public health agencies can educate the public. Please register in advance.

Controlling hypertension and cutting smoking are among the interventions recommended by *The Lancet* International Commission on Dementia Prevention, Intervention and Care based on its evidence review and meta-analysis. Lon Schneider, MD, MS, Keck School of Medicine of the University of Southern California, will discuss the Commission's lifespan-based model of dementia risk and interventions that may maximize cognition. Molly French, Alzheimer's Association, will highlight the Association's 2015 evidence review of modifiable risk factors and a new study of lifestyle interventions.

The webinar will also feature two health departments that have provided important leadership on moving the science of risk reduction into campaigns to educate the public. Speakers will include Michele James, South Carolina Department of Health and Environmental Control; Rachel Wexler, New Mexico Department of Health; and Gary Giron, Alzheimer's Association New Mexico Chapter. Finally, webinar participants will learn about free communications resources that are available to help public health professionals integrate brain health messaging in health education campaigns. Be sure to register online, mark your calendars for this National Public Health Week event, and forward this message to any interested colleagues.

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For subscription services or to view previous issues of Alzheimer's Public Health News, please visit http://alz.org/publichealth/public-health-news.asp or contact John Shean (jshean@alz.org).

The <u>Alzheimer's Association</u> is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's disease®.

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Slide 6:

The Governors Public Health Conference will be here before you know it (April 3-5, 2018), and will be at the Wichita Marriott Hotel. Key note speakers will discuss relevant topics including the future of public health, social determinants of health, professional and personal well-being as well as a public health approach to impacting substance abuse. The conference features two tracks to choose from: Maternal and Child Health being the first, and Public Health the second.

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Again, here are the dates, the location, the address if you need it, register by going to the link provided. Keep an eye out, Bureau of Health Promotion staff will be there both presenting and attending the sessions. Be sure to grab one of us and let us know how we can better serve you.

Slide 8:

Safe Kids Day at the Topeka Zoo is coming up on Saturday, April 14. This all-day event will begin when the zoo opens at 9AM. There will be activities and entertainment for the whole family, with prizes and giveaways this event focuses on child safety. For more information about Safe Kids or this event visit www.safekidskansas.org. (Event flyer on next page)

SAFE K:DS DAY



A time to celebrate idds, prevent injuries and save lives.

SAFE KIDS DAY AT THE ZOO

SATURDAY, APRIL 14, 2018 **9**АМ-ЗРМ

SO MUCH TO DO!

- ★ Family activities and entertainment inside the Topeka Zoo*
- ★ Learn about how to keep your kids safe and healthy
- ★ Join in on our Safety Scavenger Hunt Win great prizes!
- ★ Make your child a Safe Kid with a FREE bike helmet**

SO MUCH TO SEE & LEARN!

Happy Faces Entertainment ● Booster Rooster ● Kansas Ballet Academy performances Interactive Safety Games • Informational Booths • Temporary Tattoos

> 🌣 Prizes 🗰 Activities 🌣 Family Fun Entertainment Free Helmets**

For more information, visit us at SafeKidsKansas.org

*Regular Zoo admission applies. **Child must be present. Bicycle helmets available while supplies last.

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Slide 9:

Health communication is an important part of public health and contributes to our overall mission to protect and improve the health and environment of all Kansans. As promised here is my contact information, email is the best way to get in touch with me. Philip.Harris@ks.gov.

If you ever have questions or challenges your facing in communicating health information let me know I want to help.

If you need some tips or suggestions I want to help.

If you need someone to brainstorm with I want to help.

If you want training or more information about health communication or its related topics I want to help.

I want to help.

I want to help all Kansans have access to the best health information to help inform them in making health-related choices and taking health related actions.

Let me know how I can help. I look forward to your emails and our future conversations.

Lou Saadi | Epidemiology and Public Health Informatics

Slide 11:

The Johnson County Department of Health and Environment and the KDHE Syndromic Surveillance Program are promoting the 2018 Kansas Infectious Disease Symposium to be held May 10 and 11, 2018.

This symposium will bring partners and stakeholders from Kansas and neighboring states to the Kansas City region to discuss infectious disease outbreaks and their surveillance, detection, and investigation.

There will also be specific syndromic surveillance-related discussion, presentations, and trainings hosted during the conference. In particular, please note the Pre-Conference Surveillance Training to be hosted by KSSP and focus on syndromic surveillance tools and practices.

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This is another source of data used by epidemiologists to assure all potential cases are captured.

Slide 20:

63 flu outbreaks have been reported to KDHE since the beginning of the 2017-2018 influenza season.

Kansas is still reporting widespread activity in the state and overall, influenza-like illness is high as reported by our ILI-net sites. Nationally, some states have begun to trend down but Kansas is still seeing about 12% of visits to our ILI-net sites being attributed to the flu.

Michael McNulty | Preparedness

Slide 34:

KDHE Preparedness is pulling together the final version of our grant application which will need to be submitted by April 4, 2017. Thanks to all our internal and external partners who have supported us in providing information as we've been developing the application.

KDHE Preparedness met with the KALHD Board, several regional coordinators and local public health staff at the last KALHD Board Meeting to discuss the Local and Regional Public Health Work Plans. Based on the feedback we received the work plans have been modified slightly and will be sent to KALHD for review so they can decide whether or not to issue a concurrence letter for the grant application.

The number of KS-HAN users is nearly equal to the number of users we had before switching over to the new software in early January. Continued outreach efforts regarding the HAN system will continue.

KDHE Preparedness interviewed for the two open positions in the Preparedness group Exercise Coordinator and Grants Management Support positions. We anticipate making an offer for the Grants Management Support position. The Exercise Coordinator position will be re-posted as no satisfactory applicants were interviewed.